mumsmilk
care for mum & baby

Dear Colleague,

You're invited to join our live webinar training on March 24, 2026, designed to equip you with the skills and confidence to begin using Low Level Laser Therapy (LLLT) in your clinical practice. This session will offer an in-depth look at Low Level Laser Therapy and its proven benefits in maternity & lactation.

Low Level Laser Therapy is a gentle treatment that supports healing, comfort and recovery for mothers. LLLT has been used safely and effectively for many indications in maternity and lactation and across many countries. Its therapeutic benefits include accelerated wound healing, pain relief, anti-inflammatory and anti-edematous effects. It has proven especially beneficial in treating nipple trauma, blocked ducts, mastitis, and the healing of birth-related injuries such as tears, episiotomies, caesarean scars, and haemorrhoids.

I have personally used this highly effective treatment in my private practice for over a decade and it has consistently provided significant benefits for mothers and babies. LLLT has become an essential part of my clinical toolkit— and it's paid for itself many times over. With the appropriate credentials and experience, I'm pleased to be offering this educational session to help you integrate LLLT into your own practice.

Session Content

- Understanding the principles of Low Level Laser Therapy
- Indications, contraindications & case studies in maternity & lactation
- Application, demonstration & treatment guidelines for clinical use
- Published and anecdotal evidence of LLLT in maternity & lactation
- Laser safety

Session Details

🗓️ **Date:** Tuesday, 24.03.2026
⏰ **Time:** 10:00 AM – 3:00 PM (AEDT)
💻 **Location:** Live online (Zoom link provided upon registration)
💰 **Cost:** $335 AUD – *Early Bird* (until 12 November 2025), $375 AUD – *Standard Rate*
👉 [**Register Now**] : https://events.humanitix.com/low-level-laser-therapy-in-maternity-and-lactation-live-training-webinar-24-march-2026

Warm regards,

Gabi Eckereder
Mumsmilk
Midwife (rm) / Laactation Consultant (ibclc)